

CURRICULUM VITAE: David Gruder, PhD, DCEP

[Last name was Grudermeyer from 1986 to 2003]



BUSINESS NAME: **Integrity Revolution, LLC (formerly Willingness Works®)**
AKA **Integrity Management Advisors & Integrity Culture Systems**
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Brief Profile: Dr. Gruder

Dr. David Gruder is a clinical and organizational psychologist, eight-award-winning author, leadership award winner, and highly sought speaker, trainer and advisor. Well into his fourth decade as a "Merlin" of personal, relationship, business and leadership transformation, he is recognized internationally as a foremost expert in applied integrity, collaboration skills, and accountability. He is the Chief Integrity & Collaboration Officer for Integrity Revolution, is a Board member and Co-Head of Faculty for CEO Space International, is on Core Faculty with the California Institute for Human Science, and is a Certified Elder with ManKind Project International. He was also the founding president of the Association for Comprehensive Energy Psychology. In addition to his own projects, he serves as a trusted advisor and wordsmith for many leaders, entrepreneurs and businesses, and co-authors books with high profile individuals wanting to tell their life story way that offer readers valuable road maps for their own growth.

Brief Company Profile: Integrity Revolution (www.IntegrityRevolution.com)

Integrity Revolution, LLC, began as Willingness Works® in 1988 to provide "an education in being human we always needed but never got™" in the areas of personal, leadership, and business development. Thousands of speeches, training events, and client consultations later, Willingness Works rebranded in 2008 as Integrity Revolution with a more targeted mission of "helping 'everyday people to world leaders' create sustainable happiness and success without sacrificing personal integrity, health, cherished relationships, or social responsibility." Integrity Revolution provides a universal, bipartisan, nondenominational spiritual framework for co-creating integrity-centered sustainable solutions to the challenges we face today as individuals, families, communities, businesses, societies and a planet. It developed and sponsors the [Integrity Stimulus Plan](#) and the [Integrity Pledge](#).

Dr. Gruder's Most Recent Books

An interdisciplinary marvel, Dr. Gruder's book on restoring personal, relationship and societal integrity, called *The New IQ* (this IQ being our Integrity Quotient) won six awards in the unusually diverse categories of Current Events in Politics & Society, Social Change, Conscious Business & Leadership, Health & Wellness, Psychology, and Self-Help. An extensive implementation *Life Makeover* workbook accompanies *The New IQ*. (Book & workbook details at www.TheNewIQ.com.) Dr. Gruder's most recent book, *Conversations With the King: Journals of a Young Apprentice*, which he co-authored with Elvis Presley's stepbrother David E. Stanley, shows how to embody the greatness of your true authentic self based on the powerful life lessons Stanley learned from Presley's secret spiritual giftedness and his psychological shortcomings. A major motion picture based on the book is projected to be released in 2014.

Professional Licenses & Diplomates

California Licensed Clinical Psychologist (PSY 9266) (1986)
California Licensed Marriage, Family and Child Counselor (MFC 18889) (1984)
Diplomate in Comprehensive Energy Psychology (DCEP) (2006)

Academic Degrees

California School of Professional Psychology at San Diego
Doctor of Philosophy in Clinical Psychology, with a secondary emphasis in
Organizational Development, 1982
Master of Arts in Clinical & Organizational Development Psychology, 1977

Alfred University
Bachelor of Arts, Magna Cum Laude (Psychology Major, Music Minor), 1975

Specialized Training, Certificates & Highlights

Ordained Spiritual Interfaith Rabbi & Interfaith Spiritual Director (2009)
Full Trainer, Certification Consultant, CEU Provider: Comprehensive Energy Psychology (2006)
Focused Expressive Psychotherapy (Anger Completion Therapy) Full Certification (1998)
Energy Diagnostic & Treatment Methods Certification (1998)
Personality Assessment System Training (1997)
Thought Energy Synchronization Therapy Dx Training and Certificate (1997)
Gottman's Scientifically-Based Marital Therapy Training (1997)
Thought Field Therapy Level One & Two Training (1996-7)
Emotional Intelligence Assessment Training (1996)
Focused Expressive Psychotherapy Level 1&2 Training (1994-5)
Interactive Guided Imagery Training (1994-5)
EMDR Level One & Two Training (1994)
Intention Training Trainer (1988)
Certified Focusing Trainer (1986)
Holistic Health Certificate: Univ. of California (UCSD) & Association for Holistic Health (1976)

Organization Memberships

CEO Space International Lifetime Member
Association for Comprehensive Energy Psychology Charter Member (Co-Founder)
ManKind Project International Member

Awards Received

Leadership Award: First recipient of a leadership award named in Dr. Gruder's honor by the Association for Comprehensive Energy Psychology (ACEP)
Eight Book Awards – Categories: Current Events in Politics & Society, Social Change, Business & Leadership, Health & Wellness (2x), Mental Health, Psychology, & Self-Help

Current & Past Directorships; Faculty Appointments

Board of Directors (current): CEO Space International
Board of Directors (past): ManKind Project International, San Diego Community
Board of Directors (past): Association for Comprehensive Energy Psychology
Co-Head of Faculty (current): CEO Space International
Faculty Integrity Team Co-Chair (current): CEO Space International
Faculty Member (past): Equanicity Resources – Advisors to Entrepreneurs, Executives, Investors & Top Advisors
Graduate Program Core Faculty (current): California Institute for Human Science
Consultant (past): Sanoviv Medical Institute
Consultant (past): Wellcoaches®, Inc.
Certification Program Developer, Senior Trainer, Certification Consultant (current): Association for Comprehensive Energy Psychology
Wisdom Council Member (current): Association for Comprehensive Energy Psychology
Advisory Board Member (past): Energy Psychology Interactive
Adjunct Faculty (past): Academy for Guided Imagery
Director (past): International Clearinghouse for Focused Expressive Psychotherapy
Executive Director (past): Foundation for Energy Health

Leadership, Entrepreneurial & Administrative Positions

Integrity Revolution, LLC, Chief Integrity & Collaboration Officer (2008-present) & **Willingness Works® Executive Director** (1988-present): Responsibilities have included (or currently include) administrative oversight, master planning, policies & procedures development, staff supervision, curriculum development, product development (books, training manuals, recordings), website management, marketing plan development and implementation, marketing materials development, and providing direct services (psychotherapy, speaking & training, business consulting, etc.)

CEO Space International Board Member, Special Counsel to the Chairman & Board, Co-Head of Faculty, Co-Chair of Faculty Integrity Team, Core Faculty (2011-present): Advising and training all constituents in brand integrity, accountability, expectation management, leadership skills, emotional intelligence, and relationship intelligence, Conducted CEO Space's first Institutional Integrity Audit in 2010.

Association for Comprehensive Energy Psychology Founding President (1998-2002) and **Certification Program Co-Developer, Master Trainer and Consultant** (2005-present): Responsibilities have included organizational development, master planning, policy & procedures development, ethics document development, staff supervision, teambuilding, leadership mentoring, marketing plan development, membership building, internal communications and inter-organizational communication, conflict resolution, web site & brochure development, producing large international conferences and developing/implementing a two-track certification program

Association for Holistic Health Administrator (1976-1977): Responsibilities included organizational development, teambuilding, and curriculum development

California School of Professional Psychology *Administrative Assistant to the Dean* (1976-1977): Responsibilities included organizational development and policies & procedures development

Alfred University *Administrative Assistant to the President* (1975): Responsibilities included master planning, policy development, internal consulting & conflict resolution, speech writing, and fundraising

Allegheny County Hotline & Crisis Intervention Center *Executive Director & Training Director* (1972-1974): Responsibilities included training program development, staff training, administrative management, budgeting, and interface with governmental agencies & academic institutions in Allegheny County, NY

Sample Courses/Presentations (excluding media & bookstore appearances)

INTEGRITY REVOLUTION/WILLINGNESS WORKS®, DEL MAR, CA, 1988-PRESENT:
Over 300 presentations and training workshops for the public, businesses, educational & religious institutions and other organizations (Integrity IQ, Accountability Procedures, Self-Help strategies, Intentional Effectiveness, Relationship Education, Anger Literacy, Core Archetypes of Personal Power) and Continuing Education courses for professionals in Life Makeover TheraCoaching, Integrity IQ, Energy Psychotherapy, Anger Completion Therapy, Shadow & Archetypes Issues, Spirituality in Psychotherapy

CALIFORNIA INSTITUTE FOR HUMAN SCIENCE “UNITING SPIRIT & SCIENCE CONFERENCE,” ENCINITAS, CA, 2014: *Keynote – The Hijacking of Health & How Mental Health Professionals Can Empower Their Clients*

HEALING TOUCH WORLDWIDE CONFERENCE, CHICAGO, IL, 2014: *Keynote – The Hijacking of Health & How Healthcare Professionals Can Empower Their Patients*

TEDX TALK, ENCINITAS, CA, 2014: *Just Jump Out: How to Free Yourself from Being Manipulated by Manufactured Consent Propaganda Strategies*

NATIONAL COLLEGIATE LEADERSHIP CONFERENCE, TUCSON, AZ, 2014: *The Nitty Gritty of Leadership: The Essential Toolbox Leaders Need But Are Rarely Taught*

THE HILL SCHOOL, POTTSTOWN, PA, 2014: *Outgrowing Your Survival Plan & Upgrading Your Thriving Skills*

LEADERS CAUSING LEADERS, MARINA DEL REY, CA, 2011: *The Hijacking of Happiness, Business & Integrity... and How to Reclaim Yours*

CEO SPACE, LAKE LAS VEGAS, NV, 2010-PRESENT:
Super Teaching keynote addresses, including “Integrity IQ: How to Make Integrity Profitable,” “Integrity Relationships in the C Suite & Beyond,” “How to Conduct an Integrity Audit of Your Enterprise,” “Upgrading Your Brand Integrity” “Effective Agreement Creation, Breakdown Repair & Accountability Procedures” (plus multiple small-group training sessions, faculty training sessions, Club President training sessions, home office staff training sessions, and preview talks in the US & Canada)

WORLD PRESIDENTS ASSOCIATION (WPO), SAN FRANCISCO, 2010:
Keynote presenter, panelist and facilitator as part of a team providing a day-long training program in Energy Psychology methods for WPO CEOs

SHAKTI RISING, SAN DIEGO, 2010:
Trained staff in Integrity IQ, including upgrading their accountability mechanisms

ASSOCIATION FOR COMPREHENSIVE ENERGY PSYCHOLOGY ANNUAL INTERNATIONAL CONFERENCE CONTINUING EDUCATION KEYNOTES, PRESENTATIONS & PRE/POST CONFERENCE WORKSHOPS, MULTIPLE LOCATIONS (1999-PRESENT, PARTIAL LIST):

Comprehensive Energy Psychology Certification Workshops: Senior Trainer
Ethically Productize Your Mental Health Expertise by Creating PsychInfoProducts
Healing "Separation From God" Stories
The NICE™ Boundaries Method
Conquering Anger Mountain
Integrity-Centered Life Fulfillment & Facilitating Life Makeovers
Intentional Effectiveness Training
Out of the Shadow: Embracing & Upgrading Our Indulged & Neglected Aspects
How to Find the Best Issue to Treat... Fast!
Energy Psychology Essentials
The Energy Psychology Heritage Tree
Master Therapist Demonstration

CANADIAN ANNUAL ENERGY PSYCHOLOGY CONFERENCE CONTINUING EDUCATION KEYNOTES, PRESENTATIONS & PRE/POST CONFERENCE WORKSHOPS, TORONTO CANADA (2000-PRESENT, PARTIAL LIST):

Opening Keynote Address (2014): The Future of the Field
Closing Keynote Address: The Future of Energy Psychology
Integrity-Centered Life Fulfillment Facilitator Training
Healing "Separation From God" Stories
Conquering Anger Mountain
Integrity-Centered Life Fulfillment
Intentional Effectiveness Training
Out of the Shadow: Embracing & Upgrading Our Indulged & Neglected Aspects
The Art of Monetizing Your Life Energy: How to Transform Your Passions into Income Streams
Energy Psychology Essentials
Becoming a Great Assessment & Intervention Method Matchmaker
ACEP Certification Training Workshops
Becoming an Ethical PsychPreneur
Tapping Into Venture Development Psychology

CALIFORNIA INSTITUTE FOR HUMAN SCIENCE, ENCINITAS, CA (2004-PRESENT):

Energy Psychology: 40 hour on-campus & online courses for doctoral students
Archetypes of Human Development: 40 hour on-campus & online courses for doctoral students
A Course in Miracles: Independent Study supervision for doctoral students

WELLCOACHES® INC. (2006-PRESENT)

Multiple courses for wellness coaches including Ethics, Integrity-Centered Life Makeover Facilitation, Conquering Anger Mountain, and Boundaries Intelligence

ASSOCIATION FOR COMPREHENSIVE ENERGY PSYCHOLOGY CERTIFICATION PROGRAM TRAINING WORKSHOPS, MULTIPLE LOCATIONS (2006-PRESENT):

3-Day Certification Training and Ethics Course
1-Day Client Care & Facilitation Skills Course

GREATER EDMONTON TEACHERS CONFERENCE (2009):

Featured Speaker (Three Presentations): Integrity Education, Boundaries Intelligence, Conquering Anger Mountain

GREATER EDMONTON MILITARY MENTAL HEALTH SPECIALISTS (2009):

Introduction to Energy Psychology

ENERGY MEDICINE CANADA (2009):

Developing Your Personal and Service Mission Statements

GENEVA TRANSACTIONAL ANALYSIS INSTITUTE (2009)

Two-Day Energy Psychology Training Program

ORLANDO HEALTH HOSPITAL GROUP (2009) (IN CONJUNCTION WITH ACEP)

Energy Psychology for Everyone: Introductory Presentation + One-Day Training

CALIFORNIA INSTITUTE FOR HUMAN SCIENCE, ENCINITAS, CA (2008):

Commencement Address: Life Fulfillment in the 21st Century

WALDEN UNIVERSITY, DENVER COLORADO (2008)

Opening Keynote for Academic Residency to 600 Graduate Students, Faculty & Staff: Integrity-Centered Life Fulfillment & Leadership

ALBERTA SOCIETY FOR ENERGY THERAPIES, EDMONTON CANADA (2008)

Energy Psychology Essentials Introductory Evening (attended by 230 people)

Integrity-Centered Life Fulfillment Training Two-Day Workshop and Follow-up Mini-Workshop

Energy Psychology Essentials Two-Day Workshop

INSTITUTE FOR THE STUDY OF SUBTLE ENERGIES & ENERGY MEDICINE, BOULDER, COLORADO (2008)

Keynote Panel Member: The Future of the Energy Field

The Six Secrets of Great Energy Healers

3-Day ACEP Certification Training and Ethics Course

1-Day ACEP Client Care & Facilitation Skills Course

GSTAAD WINTER WORKSHOP SERIES, GSTAAD, SWITZERLAND (2003-2007):

Integrity Training: Personal Development That Serves Us All™

Intentional Effectiveness™ Training

Boundaries Intelligence Training: The NICE™ Boundaries Method

Out of the Shadow: Embracing & Upgrading Our Indulged & Neglected Aspects

Conquering Anger Mountain

WORLD TRADE ORGANIZATION AMBASSADORS, GENEVA, SWITZERLAND (2006)

Leadership Integrity and Synergistic Negotiation Strategies two-day training program for World Trade Organization (WTO) ambassadors and staffs invited by the event's co-sponsors, South Centre & Action Aid

UNIVERSITY OF CALIFORNIA, SAN DIEGO, MEDICAL SCHOOL STAFF (2005)

Dealing With Difficult Doctors, Staff and Students: Three Sanity-Saving Strategies for Effectively Handling Ten Difficult People Archetypes

SANOVIV MEDICAL INSTITUTE

Four-Day Energy Psychology Training for psychospiritual, medical and dental staffs.

FIRST PACIFIC RIM ENERGY PSYCHOLOGY CONFERENCE, SINGAPORE (2004):

Opening Keynote: The Developmental Stages of New Paradigm Acceptance

Closing Keynote: The Five Gifts Energy Psychology Brings to the Psychotherapeutic Process

Two Day Training Workshop: The Five Core Archetypal Energies of Leadership™

OXFORD STRESS & TRAUMA CENTER, OXFORD, ENGLAND (2003):

Conquering Anger Mountain one day Workshop, Anger Completion Therapy three day in-depth training workshop, Stress & Trauma Center staff one day training course

PSYCHOLOGICAL SERVICES OF LA JOLLA (2003):

Conquering Anger Mountain nine hour Continuing Education Course for Psychologists & Other Psychotherapists

EUROPEAN ENERGY PSYCHOLOGY CONFERENCES, LUCERNE, SWITZERLAND AND OXFORD & BRIGHTON ENGLAND (2001-2003):

*Closing Keynote Panel – The Role of Emotional Pain in Psychotherapy
Incorporating Spiritual Issues into Psychotherapy (workshop),*

Toward a Road Map for Healing Core Psychospiritual Traumas
Conquering Anger Mountain
The Five Keys to Effective Energy Psychotherapy Treatment

GENEVA SWITZERLAND TRANSACTIONAL ANALYSIS ASSOCIATION (2003): *Conquering Anger Mountain & Anger Completion Therapy (three day in-depth therapist training)*

PERSONALITY ASSESSMENT SYSTEM CONFERENCE, NELSONVILLE, OH (2000)
One-Day Post Conference Workshop: Introduction to Energy Psychology

SHARP HEALTHCARE GRAND ROUNDS SERIES, SAN DIEGO, CA (2000, 1999)
Full-Spectrum Anger Interventions, Part 1: Conquering Anger Mountain
Full-Spectrum Anger Interventions, Part 2: Energy Psychology Treatments for Stuck Anger

RANCHO BERNARDO COMMUNITY PRESBYTERIAN CHURCH, SAN DIEGO, CA (2000):
Spirituality & Healing Conference Keynote Address: The Sacred Side of Tragedy

PACIFIC CHURCH OF RELIGIOUS SCIENCE, SAN DIEGO, CA (2000):
Strengthening Your Relationship During Life Upheavals: Guest Sermon & Workshop

THIRD ANNUAL INTERNATIONAL CONFERENCE OF THE COALITION FOR MARRIAGE, FAMILY & COUPLES EDUCATION (CMFCE), WASHINGTON, D.C. (1999):
Whose Money Is It?: The Financially Intimate Marriage™

THE SUMMIT – 22ND ANNUAL TENNESSEE SCHOOL ON ALCOHOL AND OTHER DRUG STUDIES, NASHVILLE, TN (1999):

PLENARY ADDRESS: *The Truth About Trust*

FIVE DAY COURSE: *Advanced Techniques for Working With Couples in Recovery*

NATIONAL COUNCIL ON ALCOHOL & DRUG DEPENDENCY, SAN DIEGO, CA (1999):
Conquering Anger Mountain: Full-Spectrum Anger Treatments

FIRST INTERNATIONAL ENERGY PSYCHOLOGY CONFERENCE, LAS VEGAS, NV (1999):
The Time Has Come: Introducing The Association for Comprehensive Energy Psychology;
CLOSING PANEL: *The Future of Energy Psychology*

SAN DIEGO PSYCHOLOGICAL ASSN MIND-BODY TASK FORCE, SAN DIEGO, CA (1999)
Energy Psychology: An Introduction to the Field of Energy Fields

THE LEARNING ANNEX, SAN DIEGO, CA (1999, 1996):
Energy Psychology Self-Help Introduction, Kicking the Inner Critic Habit; Sensible Self-Help:
The Seven Secrets of Highly Effective Self-Healing

ACADEMY FOR GUIDED IMAGERY 11TH ANNUAL INTERNATIONAL CONFERENCE, CO-SPONSORED BY THE INTERNATIONAL ASSOCIATION OF INTERACTIVE IMAGERY, THREE HOUR PLENARY SESSION, ANAHEIM, CA (1998):
Comprehensive Energy Psychotherapies

SEASIDE CHURCH OF RELIGIOUS SCIENCE, ENCINITAS, CA (1998):
The Fantasy Bond: Is It Love or Is It Fantasy?

EDUCATIONAL POSITIONING & GLOBAL ISSUES FORUM, HOCKING COLLEGE, THREE HOUR PLENARY SESSION, NELSONVILLE, OH (1998):
Mass & Niche Marketing: Principles & Strategies

SHARP HOSPITAL WOMEN'S HEALTH CONFERENCE, SAN DIEGO, CA (1997)
How to Stay Friends and Lovers for Life

CALIFORNIA ASSOCIATION OF MARRIAGE & FAMILY THERAPISTS 32ND ANNUAL CONFERENCE, SATURDAY LUNCHEON ADDRESS (1996):
The Seven Stages of Highly Effective Clients

SEVEN COUNTIES SERVICES TRAINING INSTITUTE, LOUISVILLE, KY (1996):

Sensible Self-Help day-long therapist training workshop

PACIFIC UNIVERSITY SCHOOL OF PROFESSIONAL PSYCHOLOGY, FOREST GROVE, OR (1996):

The Seven Stages of Highly Effective Clients (continuing education symposium program)

CENTRAL CALIFORNIA WOMEN'S CONFERENCE, FRESNO, CA (1995-1996):

Kicking the Inner Critic Habit (1995)

Six Secrets to Selecting a Great Relationship (1996)

STYLES FOR RELAXATION, PORTLAND, OR (1992-1994):

Numerous workshops on the psychology of A Course in Miracles

CENTER FOR SPIRITUAL AWAKENING, ESCONDIDO, CA (1992):

Relationships As A Spiritual Path; Life Is Great So Why Don't I Feel Great?; Serendipity Means Surrender Pity

CHRISTCHURCH UNITY OF SAN DIEGO (1992):

Going Back To Eden With the One You Love

CA ASSOCIATION OF CHILDREN OF ALCOHOLICS ANNUAL CONFERENCE (1990):

Luncheon Address: *Keeping Company – The Cement of Solid Partnership*

PEPPERDINE UNIVERSITY INTERNATIONAL CONFERENCE ON THE FAMILY (1988):

The Diagnosis and Treatment of Codependency and Other Process Addictions (1988)

Sample Organizational Consulting Contracts

BUSINESSES (ORG. & TEAM DEV., CONFLICT RESOLUTION, COACHING, MARKETING)

U.S. Navy/Marines, Twentynine Palms, CA (1999)

Ferrell Construction Management, San Diego, CA (1998)

National Corset Supply House, Los Angeles (1994-1996)

Aztec Shops Management: San Diego State University (1992)

IDS/American Express, San Diego (1988)

TREATMENT CENTERS (STAFF & PROGRAM DEVELOPMENT):

Sanoviv Medical Institute (2005-present)

Vista Pacifica Treatment Center (1992)

Alvarado Parkway Institute – Adolescent Treatment Program Curriculum Development; Staff Training (1988-1990)

Sharp Cabrillo Hospital Addictive Disorders Unit – Codependency Treatment Program development consulting (1990)

UNIVERSITIES/COLLEGES (ORG. DEVELOPMENT & MARKETING CONSULTING):

Hocking College, Nelsonville, OH – Facilitating master planning process for marketing strategies development, plus copy-writing of marketing materials (1997-1999)

PUBLIC SCHOOLS (STAFF DEVELOPMENT & CONFLICT RESOLUTION):

San Diego County Office of Education Management Academy: Team-building, problem-solving, stress management. (1983-89)

La Mesa-Spring Valley School District Management Council – Day long retreat on Team-building and the Effects of Codependency in the Workplace (1989)

Books/Audios/Articles

Conversations With the King: Journals of a Young Apprentice (co-authored with David Stanley) Epiphany Now Media, 2012

Powerful Women: They're Not Men in Drag by Leslie Knight – wrote Foreword

The New IQ: How Integrity Intelligence Serves You, Your Relationships & Our World Elite Books, 2008 (five book awards: Social Change, Current Events in Politics & Society, Health & Wellness, and Metapsychology)

The New IQ Integrity Makeover Workbook Integrity Revolution Press, 2008

Energy Psychology Anywhere Willingness Works Press, 2005 (CD set)

Energy Psychology Interactive WW Norton, 2003: Wrote book chapter (book and CD by David Feinstein)

“Conquering Anger Mountain” Training Manual Willingness Works Press, 2003

The Energy Odyssey: New Directions in Energy Psychology, 2nd edition. IAS, Switzerland, 2003: Wrote book chapter (Willem Lammers, editor)

Creative Energies: Integrative Energy Psychotherapy for Self-Expression & Healing WW Norton, 2002: Wrote the book's forward (book by Dorothea Hover-Kramer)

The Leader's Companion: Mindset Reminders for Busy Leaders Willingness Works Press, 2002

Energy Psychology Desktop Companion Willingness Works Press, 2000, 2003 (2nd Ed)

Comprehensive Energy Psychotherapy Training Manuals Willingness Works Press 1998-99, 2004, Willingness Works Press (Level 1 and Level 2 training manuals)

Relationship Intentional Effectiveness Training Manuals Willingness Works Press 1998-99, (manuals for couples, businesses and mental health professionals)

Sensible Self-Help: The First Road Map for the Healing Journey Published 1996; Willingness Works Press (Winner of Two Book Awards: Colliers Mental Health Book of the Year, and San Diego Book Award for Outstanding Book Writing in Self-Help)

From Inner Critic to Inner Helper Willingness Works Press 1996, 2003, a 90-page workbook of structured exercises for “kicking the inner critic habit”

Unlimited Human Journal: “The Seven Stages of Client Healing,” Fall 1996 Issue

Anger Completion Therapy Training Manual Willingness Works Press, 1995, 1999, 2003

Do I Have to Give Up Me To Be Loved By You Workbook by Drs. Jordan and Margaret Paul (1989) Wrote section on “Deepening Intimacy: The Grudermeyer Format for Conflict Resolution and Intimacy Renewal.”

BOSC Handbook by Irene Kleiner (1984) Wrote chapter on how to select a therapist to help learning disabled children and their families.

Academic Survival Course – Wrote teacher handbook and student materials for high school semester-long course students. Units: Critical Thinking, Time Management, Communication Skills and Conflict Resolution, Stress Management (1984).

Have co-written over **one dozen other extensive manuals**, ranging from 40-120 pages in length, that accompany the workshops and classes Willingness Works has offered. Books also are presently in progress on Relationships, Energy Psychology and other topics.

Audio Recordings

Have produced or co-produced **seventy recordings** covering a range of intrapsychic and interpersonal challenges in personal and business situations. These CDs also offer therapists sound psychoeducational adjuncts to assign to their clients to augment therapeutic efficacy (1992 to present)

Radio & Television Appearances

Many hundreds of radio, television, newspaper, magazine, and Internet interviews and articles, on a variety of topics, from 1980 to present (details at www.TheNewIQ.com/media)

A Few Examples...

Mind Brain & Body Guest Co-Host (2010-present): Co-Host on Dr. Michael Kell's weekly show every other month

eBay Radio (2009-present): Regular guest as the show's Integrity Wizard

X-Zone Radio (2008-present): Regular guest as the show's Integrity Wizard

Integrity Talk Radio Co-Host (2009): Call-in talk radio show (no longer airs due to insufficient time to produce this show, but show details can still be found at www.IntegrityTalkRadio.com)