

CURRICULUM VITAE:

David Gruder, PhD, DCEP



[Last name was Grudermeyer from 1986 to 2003]

BUSINESS NAME: **Integrity Culture Systems™** (formerly Willingness Works®)
AKA Integrity Revolution, LLC

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Brief Profile: Dr. Gruder

Dr. David Gruder is an 11-award-winning clinical and organizational psychologist whose mission is making integrity profitable, leadership elevated, collaboration productive, happiness sustainable, and society healthy. In addition to his leadership roles, he provides, keynotes, training programs and consulting. He is the President of Integrity Culture Systems™, the Executive Director of the California Institute for Human Science's Center for Integral Leadership, the M&A Psychologist for Blue Sky Business Resources, the Executive Success Psychologist for Executive Strategy & Skillset Summits, a core faculty with CEO Space International, and a Certified Elder with ManKind Project International. He was also the founding president of the Association for Comprehensive Energy Psychology. He is a trusted advisor to leaders, entrepreneurs and businesses, and co-authors books with high profile individuals wanting to embed psychological wisdom in their content. In all, he has been featured in 23 books as an author, co-author, psychology editor, writer of forewords and afterwords, chapter writer, or cited expert.

Brief Company Profile: Integrity Culture Systems™

Integrity Culture Systems™ (aka Integrity Revolution, LLC), began as Willingness Works® in 1988 to provide "an education in being human we always needed but never got™" in the areas of personal, leadership, and business development. Thousands of speeches, training events, and client consultations later, Willingness Works rebranded in 2008 as Integrity Revolution with a more targeted mission of "helping 'everyday people to world leaders' create sustainable happiness and success without sacrificing personal integrity, health, cherished relationships, or social responsibility." ICS provides a universal, transpartisan, nondenominationally spiritual framework for co-creating integrity-centered sustainable solutions to the challenges we face today as individuals, families, communities, businesses, societies and a planet, including the Integrity Stimulus Plan™.

Dr. Gruder's Most Recent Books & Courses

Dr. Gruder's interdisciplinary book on restoring personal, relationship and societal integrity, called *The New IQ* (this IQ being our Integrity Quotient) won six awards in the unusually diverse categories of Current Events in Politics & Society, Social Change, Conscious Business & Leadership, Health & Wellness, Psychology, and Self-Help. The next generation of this material, due to be launched in late 2018, is an online course called *The Integrity Guide to Having It All: How to Put Your Genius Where Your Dreams Lie*. He co-authored *Conversations With the King: Journals of a Young Apprentice*, with Elvis Presley's stepbrother David E. Stanley, which is about embodying the greatness of one's true authentic self based on the powerful life lessons Stanley learned from Presley's secret spiritual giftedness and his psychological shortcomings. A major motion picture based on this book is in the works.

Professional Licenses & Diplomates

California Licensed Clinical Psychologist (PSY 9266) (1986)
California Licensed Marriage, Family and Child Counselor (MFC 18889) (1984)
Diplomate in Comprehensive Energy Psychology (DCEP) (2006)

Academic Degrees

California School of Professional Psychology at San Diego
Doctor of Philosophy in Clinical Psychology, with a secondary emphasis in
Organizational Development, 1982
Master of Arts in Clinical & Organizational Development Psychology, 1977

Alfred University
Bachelor of Arts, Magna Cum Laude (Psychology Major, Music Minor), 1975

Specialized Training, Certificates & Highlights

Ordained Spiritual Interfaith Rabbi & Interfaith Spiritual Director (2009)
Full Trainer, Certification Consultant, CEU Provider: Comprehensive Energy Psychology (2006)
Focused Expressive Psychotherapy (Anger Completion Therapy) Full Certification (1998)
Energy Diagnostic & Treatment Methods Certification (1998)
Personality Assessment System Training (1997)
Thought Energy Synchronization Therapy Dx Training and Certificate (1997) Gottman's
Scientifically-Based Marital Therapy Training (1997)
Thought Field Therapy Level One & Two Training (1996-7) Emotional Intelligence Assessment
Training (1996)
Focused Expressive Psychotherapy Level 1&2 Training (1994-5) Interactive Guided Imagery
Training (1994-5)
EMDR Level One & Two Training (1994) Intention Training Trainer (1988) Certified Focusing
Trainer (1986)
Holistic Health Certificate: Univ. of California (UCSD) & Association for Holistic Health (1976)

Organization Memberships

CEO Space International Lifetime Member
Association for Comprehensive Energy Psychology Charter Member (Co-Founder)
ManKind Project International Member

Awards Received

Leadership Award: First recipient of a leadership award named in Dr. Gruder's honor
by the Association for Comprehensive Energy Psychology (ACEP)
Culture Creation Award: Received from CEO Space International
Eight Book Awards – Categories: Current Events in Politics & Society, Social Change,
Business & Leadership, Health & Wellness (2x), Mental Health, Psychology, & Self-Help

Current & Past Positions in Addition to Integrity Culture Systems™

Executive Director: Center for Integral Leadership (California Institute for Human Science - CIHS)

Executive Success Psychologist: Executive Strategy & Skillset Summits

Merger & Acquisitions Psychologist: Blue Sky Business Resources

Special Counsel to the Chairman & Legacy Faculty: CEO Space International

(previously Board of Directors Co-Head of Faculty, Co-Chair of the Faculty Integrity Team)

Wisdom Council Member, Certification Program Developer, Senior Trainer,

Certification Consultant: Association for Comprehensive Energy Psychology (previously Co-Founder & First President)

Board of Directors (past): ManKind Project International, San Diego Community

Board of Directors (past): Association for Comprehensive Energy Psychology

Guest Faculty (past): Academy for Integrative Health & Medicine Fellowship Program

Faculty Member (past): Equanicity Resources – Advisors to Entrepreneurs, Executives, Investors & Top Advisors

Graduate Program Faculty (past): California Institute for Human Science

Consultant (past): Sanoviv Medical Institute

Consultant (past): Wellcoaches®, Inc.

Advisory Board Member (past): Energy Psychology Interactive

Adjunct Faculty (past): Academy for Guided Imagery

Director (past): International Clearinghouse for Focused Expressive Psychotherapy

Executive Director (past): Foundation for Energy Health

Leadership, Entrepreneurial & Administrative Positions

Integrity Revolution, LLC, *President* (2008-present) & **Willingness Works®**

President (1988-present): Responsibilities have included (or currently include) administrative oversight, master planning, policies & procedures development, staff supervision, curriculum development, product development (books, training manuals, recordings), website management, marketing plan development, materials creation, & implementation, and providing direct services (psychotherapy, speaking & training, business consulting, etc.)

CIHS Center for Integral Leadership *Executive Director* (2017-present):

Responsibilities include administrative oversight, master planning, policies & procedures development, staff supervision, program development, speaking, training, website management, and marketing plan development, materials creation, & implementation.

CEO Space International *Board Member, Special Counsel to the Chairman & Board, Co-Head of Faculty, Co-Chair of Faculty Integrity Team, Core Faculty* (2011-present in various capacities): Advising and training all constituents in brand integrity, accountability, expectation management, leadership skills, emotional intelligence, and relationship intelligence, conducted CEO Space's first Institutional Integrity Audit.

Association for Comprehensive Energy Psychology *Founding President* (1998-2002) and ***Certification Program Co-Developer, Master Trainer and Consultant*** (2005-present): Responsibilities have included organizational development, master planning,

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policy & procedures development, ethics document development, staff supervision, teambuilding, leadership mentoring, marketing plan development, membership building, internal communications and inter-organizational communication, conflict resolution, web site & brochure development, producing large international conferences and developing/implementing a two-track certification program

Association for Holistic Health Administrator (1976-1977): Responsibilities included organizational development, teambuilding, and curriculum development

California School of Professional Psychology Administrative Assistant to the Dean (1976-1977): Responsibilities included organizational development and policies & procedures development

Alfred University Administrative Assistant to the President (1975): Responsibilities included master planning, policy development, internal consulting & conflict resolution, speech writing, and fundraising

Allegheny County Hotline & Crisis Intervention Center Executive Director & Training Director (1972-1974): Responsibilities included training program development, staff training, administrative management, budgeting, and interface with governmental agencies & academic institutions in Allegheny County, NY

Sample Courses/Presentations (excluding media & bookstore appearances)

INTEGRITY REVOLUTION/WILLINGNESS WORKS®, DEL MAR, CA, 1988-PRESENT:

*Over 300 presentations and training workshops for the **public, businesses, educational & religious institutions and other organizations** (Integrity IQ, Accountability Procedures, Self-Help strategies, Intentional Effectiveness, Relationship Education, Anger Literacy, Core Archetypes of Personal Power) and Continuing Education courses for **professionals** in Life Makeover TheraCoaching, Integrity IQ, Energy Psychotherapy, Anger Completion Therapy, Shadow & Archetypes Issues, Spirituality in Psychotherapy*

CALIFORNIA INSTITUTE FOR HUMAN SCIENCE, 2014-present: Commencement address and multiple keynotes including *The Hijacking of Health & How Mental Health Professionals Can Empower Their Clients*

Elevate Conference, Salt Lake City, 2019: Keynote on psychological challenges of business sellers and buyers

MANKIND PROJECT NORTH AMERICAN LEADER BODY CONFERENCES, 2017, 2018: Opening Keynotes

MANKIND PROJECT USA AREA STEWARD CONFERENCE, 2016: Keynote & Training

MANKIND PROJECT SAN DIEGO, 2010-present: Multiple Training Programs on multiple topics

HEALING TOUCH WORLDWIDE CONFERENCE, CHICAGO, IL, 2014: Keynote – *The Hijacking of Health & How Healthcare Professionals Can Empower Their Patients*

TEDX TALK, ENCINITAS, CA, 2014: *Just Jump Out: How to Free Yourself from Being Manipulated by Manufactured Consent Propaganda Strategies*

NATIONAL COLLEGIATE LEADERSHIP CONFERENCE, TUCSON, AZ, 2014: *The Nitty Gritty of Leadership: The Essential Toolbox Leaders Need But Are Rarely Taught*

THE HILL SCHOOL, POTTSTOWN, PA, 2014: *Outgrowing Your Survival Plan & Upgrading Your Thriving Skills*

LEADERS CAUSING LEADERS, MARINA DEL REY, CA, 2011: *The Hijacking of Happiness, Business & Integrity... and How to Reclaim Yours*

CEO SPACE, Nevada & Florida 2010-PRESENT:

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Super Teaching keynote addresses, including “Integrity IQ: How to Make Integrity Profitable,” “Integrity Relationships in the C Suite & Beyond,” “How to Conduct an Integrity Audit of Your Enterprise,” “Upgrading Your Brand Integrity” “Effective Agreement Creation, Breakdown Repair & Accountability Procedures” (plus multiple small-group training sessions, faculty training sessions, Club President training sessions, home office staff training sessions, and preview talks in the US & Canada)

WORLD PRESIDENTS ASSOCIATION (WPO), SAN FRANCISCO, 2010:

Keynote presenter, panelist and facilitator as part of a team providing a day-long training program in Energy Psychology methods for WPO CEOs

SHAKTI RISING, SAN DIEGO, 2010:

Trained staff in Integrity IQ, including upgrading their accountability mechanisms

ASSOCIATION FOR COMPREHENSIVE ENERGY PSYCHOLOGY ANNUAL INTERNATIONAL CONFERENCE CONTINUING EDUCATION KEYNOTES, PRESENTATIONS & PRE/POST CONFERENCE WORKSHOPS, MULTIPLE LOCATIONS (1999-PRESENT, PARTIAL LIST):

Comprehensive Energy Psychology Certification Workshops: Senior Trainer Ethically Productize Your Mental Health Expertise by Creating PsychInfoProducts Healing “Separation From God” Stories

The NICE™ Boundaries Method Conquering Anger Mountain

Integrity-Centered Life Fulfillment & Facilitating Life Makeovers Intentional Effectiveness Training

Out of the Shadow: Embracing & Upgrading Our Indulged & Neglected Aspects How to Find the Best Issue to Treat... Fast!

Energy Psychology Essentials

The Energy Psychology Heritage Tree Master Therapist Demonstration

CANADIAN ANNUAL ENERGY PSYCHOLOGY CONFERENCE CONTINUING EDUCATION KEYNOTES, PRESENTATIONS & PRE/POST CONFERENCE WORKSHOPS, TORONTO CANADA (2000-PRESENT, PARTIAL LIST):

Opening Keynote Address (2014, 2018): The Future of the Field, Closing Keynote Address: The Future of Energy Psychology, Integrity-Centered Life Fulfillment Facilitator Training, Healing “Separation From God” Stories, Conquering Anger Mountain: Full Spectrum Anger Literacy & Effectiveness, Out of the Shadow: Embracing & Upgrading Our Indulged & Neglected Aspects, Monetizing Your Life Energy: Transforming Your Passions into Income Streams, Energy Psychology Essentials, Becoming a Great Assessment & Intervention Method Matchmaker, ACEP Certification Training Workshops, Becoming an Ethical PsychPreneur, Tapping Into Venture Development Psychology

CALIFORNIA INSTITUTE FOR HUMAN SCIENCE, ENCINITAS, CA (2004-PRESENT):

Energy Psychology: 40 hour on-campus & online courses for doctoral students

Archetypes of Human Development: 40 hour on-campus & online courses for doctoral students A Course in Miracles: Independent Study supervision for doctoral students

WELLCOACHES® INC. (2006-PRESENT)

Multiple courses for wellness coaches including Ethics, Integrity-Centered Life Makeover Facilitation, Conquering Anger Mountain, and Boundaries Intelligence

ASSOCIATION FOR COMPREHENSIVE ENERGY PSYCHOLOGY CERTIFICATION PROGRAM TRAINING WORKSHOPS, MULTIPLE LOCATIONS (2006-PRESENT):

3-Day Certification Training and Ethics Course

1-Day Client Care & Facilitation Skills Course

GREATER EDMONTON TEACHERS CONFERENCE (2009):

Featured Speaker (Three Presentations): Integrity Education, Boundaries Intelligence, Conquering Anger Mountain

GREATER EDMONTON MILITARY MENTAL HEALTH SPECIALISTS (2009):

Introduction to Energy Psychology

ENERGY MEDICINE CANADA (2009): Developing Your Personal and Service Mission Statements

GENEVA TRANSACTIONAL ANALYSIS INSTITUTE (2009)

Two-Day Energy Psychology Training Program

ORLANDO HEALTH HOSPITAL GROUP (2009) (IN CONJUNCTION WITH ACEP)

Energy Psychology for Everyone: Introductory Presentation + One-Day Training

CALIFORNIA INSTITUTE FOR HUMAN SCIENCE, ENCINITAS, CA (2008):

Commencement Address: Life Fulfillment in the 21st Century

WALDEN UNIVERSITY, DENVER COLORADO (2008)

Opening Keynote for Academic Residency to 600 Graduate Students, Faculty & Staff: Integrity-Centered Life Fulfillment & Leadership

ALBERTA SOCIETY FOR ENERGY THERAPIES, EDMONTON CANADA (2008)

Energy Psychology Essentials Introductory Evening (attended by 230 people) Integrity-Centered Life Fulfillment Training Two-Day Workshop and Follow-up Mini-Workshop Energy Psychology Essentials Two-Day Workshop

INSTITUTE FOR THE STUDY OF SUBTLE ENERGIES & ENERGY MEDICINE, BOULDER, COLORADO (2008)

Keynote Panel Member: The Future of the Energy Field The Six Secrets of Great Energy Healers 3-Day ACEP Certification Training and Ethics Course 1-Day ACEP Client Care & Facilitation Skills Course

GSTAAD WINTER WORKSHOP SERIES, GSTAAD, SWITZERLAND (2003-2007):

Integrity Training: Personal Development That Serves Us All™ Intentional Effectiveness™ Training

Boundaries Intelligence Training: The NICE™ Boundaries Method

Out of the Shadow: Embracing & Upgrading Our Indulged & Neglected Aspects Conquering Anger Mountain

WORLD TRADE ORGANIZATION AMBASSADORS, GENEVA, SWITZERLAND (2006)

Leadership Integrity and Synergistic Negotiation Strategies two-day training program for World Trade Organization (WTO) ambassadors and staffs invited by the event's co-sponsors, South Centre & Action Aid

UNIVERSITY OF CALIFORNIA, SAN DIEGO, MEDICAL SCHOOL STAFF (2005)

Dealing With Difficult Doctors, Staff and Students: Three Sanity-Saving Strategies for Effectively Handling Ten Difficult People Archetypes

SANOVIV MEDICAL INSTITUTE

Four-Day Energy Psychology Training for psychospiritual, medical and dental staffs.

FIRST PACIFIC RIM ENERGY PSYCHOLOGY CONFERENCE, SINGAPORE (2004):

Opening Keynote: The Developmental Stages of New Paradigm Acceptance

Closing Keynote: The Five Gifts Energy Psychology Brings to the Psychotherapeutic Process

Two Day Training Workshop: The Five Core Archetypal Energies of Leadership™

OXFORD STRESS & TRAUMA CENTER, OXFORD, ENGLAND (2003):

Conquering Anger Mountain one day Workshop, Anger Completion Therapy three day in-depth training workshop, Stress & Trauma Center staff one day training course

PSYCHOLOGICAL SERVICES OF LA JOLLA (2003):

Conquering Anger Mountain nine hour Continuing Education Course for Psychologists & Other Psychotherapists

EUROPEAN ENERGY PSYCHOLOGY CONFERENCES, LUCERNE, SWITZERLAND AND OXFORD & BRIGHTON ENGLAND (2001-2003):

Closing Keynote Panel – The Role of Emotional Pain in Psychotherapy Incorporating Spiritual Issues into Psychotherapy (workshop),

Toward a Road Map for Healing Core Psychospiritual Traumas

Conquering Anger Mountain

The Five Keys to Effective Energy Psychotherapy Treatment

GENEVA SWITZERLAND TRANSACTIONAL ANALYSIS ASSOCIATION (2003): *Conquering Anger Mountain & Anger Completion Therapy (three day in-depth therapist training)*

PERSONALITY ASSESSMENT SYSTEM CONFERENCE, NELSONVILLE, OH (2000)

One-Day Post Conference Workshop: Introduction to Energy Psychology

SHARP HEALTHCARE GRAND ROUNDS SERIES, SAN DIEGO, CA (2000, 1999)

Full-Spectrum Anger Interventions, Part 1: Conquering Anger Mountain

Full-Spectrum Anger Interventions, Part 2: Energy Psychology Treatments for Stuck Anger

RANCHO BERNARDO COMMUNITY PRESBYTERIAN CHURCH, SAN DIEGO, CA (2000):

Spirituality & Healing Conference Keynote Address: The Sacred Side of Tragedy

PACIFIC CHURCH OF RELIGIOUS SCIENCE, SAN DIEGO, CA (2000):

Strengthening Your Relationship During Life Upheavals: Guest Sermon & Workshop

THIRD ANNUAL INTERNATIONAL CONFERENCE OF THE COALITION FOR MARRIAGE, FAMILY & COUPLES EDUCATION (CMFCE), WASHINGTON, D.C. (1999):

Whose Money Is It?: The Financially Intimate Marriage™

THE SUMMIT – 22ND ANNUAL TENNESSEE SCHOOL ON ALCOHOL AND OTHER DRUG STUDIES, NASHVILLE, TN (1999):

PLENARY ADDRESS: *The Truth About Trust*

FIVE DAY COURSE: *Advanced Techniques for Working With Couples in Recovery*

NATIONAL COUNCIL ON ALCOHOL & DRUG DEPENDENCY, SAN DIEGO, CA (1999):

Conquering Anger Mountain: Full-Spectrum Anger Treatments

FIRST INTERNATIONAL ENERGY PSYCHOLOGY CONFERENCE, LAS VEGAS, NV (1999):

The Time Has Come: Introducing The Association for Comprehensive Energy Psychology;

CLOSING PANEL: *The Future of Energy Psychology*

SAN DIEGO PSYCHOLOGICAL ASSN MIND-BODY TASK FORCE, SAN DIEGO, CA (1999)

Energy Psychology: An Introduction to the Field of Energy Fields

THE LEARNING ANNEX, SAN DIEGO, CA (1999, 1996):

Energy Psychology Self-Help Introduction, Kicking the Inner Critic Habit; Sensible Self-Help:

The Seven Secrets of Highly Effective Self-Healing

ACADEMY FOR GUIDED IMAGERY 11TH ANNUAL INTERNATIONAL CONFERENCE,

CO-SPONSORED BY THE INTERNATIONAL ASSOCIATION OF INTERACTIVE IMAGERY, THREE HOUR PLENARY SESSION, ANAHEIM, CA (1998):

Comprehensive Energy Psychotherapies

SEASIDE CHURCH OF RELIGIOUS SCIENCE, ENCINITAS, CA (1998):

The Fantasy Bond: Is It Love or Is It Fantasy?

EDUCATIONAL POSITIONING & GLOBAL ISSUES FORUM, HOCKING COLLEGE, THREE HOUR PLENARY SESSION, NELSONVILLE, OH (1998):

Mass & Niche Marketing: Principles & Strategies

SHARP HOSPITAL WOMEN'S HEALTH CONFERENCE, SAN DIEGO, CA (1997)

How to Stay Friends and Lovers for Life

CALIFORNIA ASSOCIATION OF MARRIAGE & FAMILY THERAPISTS 32ND ANNUAL CONFERENCE, SATURDAY LUNCHEON ADDRESS (1996):

The Seven Stages of Highly Effective Clients

SEVEN COUNTIES SERVICES TRAINING INSTITUTE, LOUISVILLE, KY (1996):

Sensible Self-Help day-long therapist training workshop

PACIFIC UNIVERSITY SCHOOL OF PROFESSIONAL PSYCHOLOGY, FOREST GROVE, OR (1996):

The Seven Stages of Highly Effective Clients (continuing education symposium program)

CENTRAL CALIFORNIA WOMEN'S CONFERENCE, FRESNO, CA (1995-1996):

Kicking the Inner Critic Habit (1995)

Six Secrets to Selecting a Great Relationship (1996)

STYLES FOR RELAXATION, PORTLAND, OR (1992-1994):

Numerous workshops on the psychology of A Course in Miracles

CENTER FOR SPIRITUAL AWAKENING, ESCONDIDO, CA (1992):

Relationships As A Spiritual Path; Life Is Great So Why Don't I Feel Great?; Serendipity Means Surrender Pity

CHRISTCHURCH UNITY OF SAN DIEGO (1992):

Going Back To Eden With the One You Love

CA ASSOCIATION OF CHILDREN OF ALCOHOLICS ANNUAL CONFERENCE (1990):

Luncheon Address: *Keeping Company – The Cement of Solid Partnership*

PEPPERDINE UNIVERSITY INTERNATIONAL CONFERENCE ON THE FAMILY (1988):

The Diagnosis and Treatment of Codependency and Other Process Addictions (1988)

Sample Organizational Consulting Contracts

BUSINESSES (ORG. & TEAM DEV., CONFLICT RESOLUTION, COACHING, MARKETING)

U.S. Navy/Marines, Twentynine Palms, CA (1999) Ferrell Construction Management, San Diego, CA (1998) National Corset Supply House, Los Angeles (1994-1996)

Aztec Shops Management: San Diego State University (1992) IDS/American Express, San Diego (1988)

TREATMENT CENTERS (STAFF & PROGRAM DEVELOPMENT):

Sanoviv Medical Institute (2005-present)

Vista Pacifica Treatment Center (1992)

Alvarado Parkway Institute – Adolescent Treatment Program Curriculum Development; Staff Training (1988-1990)

Sharp Cabrillo Hospital Addictive Disorders Unit – Codependency Treatment Program development consulting (1990)

UNIVERSITIES/COLLEGES (ORG. DEVELOPMENT & MARKETING CONSULTING):

Hocking College, Nelsonville, OH – Facilitating master planning process for marketing strategies development, plus copy-writing of marketing materials (1997-1999)

PUBLIC SCHOOLS (STAFF DEVELOPMENT & CONFLICT RESOLUTION):

San Diego County Office of Education Management Academy: Team-building, problem-solving, stress management. (1983-89)

La Mesa-Spring Valley School District Management Council – Day long retreat on Team-building and the Effects of Codependency in the Workplace (1989)

Books/Audios/Articles

Conversations With the King: Journals of a Young Apprentice (co-authored with David Stanley) Epiphany Now Media, 2012

Powerful Women: They're Not Men in Drag by Leslie Knight – wrote Foreword

The New IQ: How Integrity Intelligence Serves You, Your Relationships & Our World Elite Books, 2008 (five book awards: Social Change, Current Events in Politics & Society, Health & Wellness, and Metapsychology)

The New IQ Integrity Makeover Workbook Integrity Revolution Press, 2008

Energy Psychology Anywhere Willingness Works Press, 2005 (CD set)

Energy Psychology Interactive WW Norton, 2003: Wrote book chapter (book and CD by David Feinstein)

“Conquering Anger Mountain” Training Manual Willingness Works Press, 2003

The Energy Odyssey: New Directions in Energy Psychology, 2nd edition. IAS, Switzerland, 2003: Wrote book chapter (Willem Lammers, editor)

Creative Energies: Integrative Energy Psychotherapy for Self-Expression & Healing WW Norton, 2002: Wrote the book's forward (book by Dorothea Hover-Kramer)

The Leader's Companion: Mindset Reminders for Busy Leaders Willingness Works Press, 2002

Energy Psychology Desktop Companion Willingness Works Press, 2000, 2003 (2nd Ed)

Comprehensive Energy Psychotherapy Training Manuals Willingness Works Press 1998-99, 2004, Willingness Works Press (Level 1 and Level 2 training manuals)

Relationship Intentional Effectiveness Training Manuals Willingness Works Press 1998-99, (manuals for couples, businesses and mental health professionals)

Sensible Self-Help: The First Road Map for the Healing Journey Published 1996; Willingness Works Press (Winner of Two Book Awards: Colliers Mental Health Book of the Year, and San Diego Book Award for Outstanding Book Writing in Self-Help)

From Inner Critic to Inner Helper Willingness Works Press 1996, 2003, a 90-page workbook of structured exercises for “kicking the inner critic habit”

Unlimited Human Journal: “The Seven Stages of Client Healing,” Fall 1996 Issue

Anger Completion Therapy Training Manual Willingness Works Press, 1995, 1999, 2003

Do I Have to Give Up Me To Be Loved By You Workbook by Drs. Jordan and Margaret Paul (1989) Wrote section on “Deepening Intimacy: The Grudermeyer Format for Conflict Resolution and Intimacy Renewal.”

BOSC Handbook by Irene Kleiner (1984) Wrote chapter on how to select a therapist to help learning disabled children and their families.

Academic Survival Course – Wrote teacher handbook and student materials for high school semester-long course students. Units: Critical Thinking, Time Management, Communication Skills and Conflict Resolution, Stress Management (1984).

Have co-written over **nearly 2 dozen other extensive manuals**, ranging from 40-120 pages in length, that accompany the workshops and classes Willingness Works has offered.

Audio Recordings

Have produced & co-produced **seventy recordings** covering a range of intrapsychic and interpersonal challenges in personal and business situations. They have also offered therapists sound psychoeducational adjuncts to assign to their clients to augment therapeutic efficacy (1992 to present)

Radio & Television Appearances

Multiple hundreds of radio, television, newspaper, magazine, and Internet interviews and articles, on a variety of topics, from 1980 to present. Details at www.DrGruder.com/press-room. Recurring guest and co-host examples include:

eBay Radio (2009-present): Recurring guest as the show's Integrity Expert

X-Zone Radio-TV (2008-present): Recurring guest as the show's Integrity Expert

Mind Brain & Body Guest Co-Host (2010-2013): Co-Hosted Dr. Michael Kell's weekly show every other month

Integrity Talk Radio Co-Host (2009): Co-Hosted call-in talk radio show with Lee Mirabal.